

# IRIS School PSCHE Policy

**Effective Date:** October 2024

**Review Date:** October 2025

## 1. Purpose

The purpose of this PSCHE Curriculum Policy is to outline IRIS School's commitment to providing a comprehensive PSCHE curriculum that nurtures the personal, social, emotional, and physical well-being of every student. This policy aims to prepare students for life's opportunities, responsibilities, and experiences.

## 2. Scope

This policy applies to all students at IRIS School and encompasses all aspects of personal, social, citizenship, and health education, including relationships and sex education (RSE).

## 3. Policy Statement

IRIS School believes that education extends beyond the academic curriculum. Our PSCHE program develops students' knowledge, skills, and understanding to make informed decisions, foster positive relationships, and lead healthy, fulfilling lives. We aim to create a safe, supportive, and inclusive environment that encourages personal and social growth.

## 4. Aims and Objectives

The aims of the PSCHE curriculum at IRIS School include:

- To promote the physical and mental well-being of all students.
- To foster self-awareness, self-esteem, and emotional intelligence.
- To equip students with the skills to navigate relationships, manage conflict, and engage constructively with others.
- To develop a sense of responsibility and respect for others, including understanding diversity and equality.
- To prepare students for active participation in society as informed citizens.
- To ensure students understand and can make informed choices regarding health, safety, and lifestyle.

## 5. Curriculum Content

The PSCHE curriculum at IRIS School will cover the following key areas:

- **Personal Development:** Self-awareness, self-worth, self-regulation, goal setting, and personal responsibility.
- **Social Development:** Building and maintaining healthy relationships, effective communication, and conflict resolution skills.
- **Citizenship:** Understanding rights and responsibilities as individuals within society, including the importance of democracy, community engagement, and respect for diversity.

- **Health Education:** Physical health and well-being, mental health awareness, nutrition, and the influence of lifestyle choices.
- **Sex and Relationships Education (RSE):** Understanding relationships, consent, boundaries, and healthy sexual practices appropriate to the students' age and maturity.

## **6. Teaching and Learning Strategies**

- **Active Learning:** Students will participate in various activities promoting critical thinking, collaboration, and real-life application of skills.
- **Discussion and Reflection:** Opportunities for students to engage in discussions, share personal experiences, and reflect on their learning.
- **Project-Based Learning:** Engaging students in projects that relate to their local community, enhancing their understanding of citizenship and responsibility.
- **Guest Speakers and Workshops:** Inviting external experts to provide insight into specific topics such as mental health, relationships, and healthy living.

## **7. Assessment and Evaluation**

- **Formative Assessment:** Continuous assessment will occur throughout the curriculum through observations, discussions, and student reflections.
- **Summative Assessment:** End-of-term assessments may be conducted to evaluate students' understanding of key concepts and skills.
- **Feedback:** Regular feedback will be provided to students to support their growth and improvement in PSCHE.

## **8. Staff Training and Development**

- All teachers will receive ongoing training in delivering PSCHE content effectively and sensitively, including updates on current legislation and best practices in teaching RSE.
- Opportunities for professional development will be made available to ensure staff are equipped to support students' emotional and social needs.

## **9. Parental and Community Involvement**

- IRIS School values the role of parents in supporting children's learning. Parents will be informed about the PSCHE curriculum and encouraged to participate in related activities and workshops.
- Engagement with the broader community, including local organizations and health services, will be promoted to enhance the curriculum and provide students with additional resources and support.

## **10. Monitoring and Review**

- The PSCHE curriculum will be monitored regularly to assess its effectiveness in meeting the needs of students and aligning with school values and objectives.
- This policy will be reviewed annually by the school leadership team and revised as necessary based on feedback from students, parents, and staff.

## **11. Related Policies**

This policy should be read in conjunction with other relevant school policies, including:

- Safeguarding Policy
- Behaviour Policy
- Equality and Diversity Policy
- Health and Safety Policy

## **12. Conclusion**

At IRIS School, we recognize the importance of a well-rounded PSCHÉ curriculum in promoting the holistic development of our students. By fostering their personal, social, and health education, we aim to empower our students to become responsible, informed, and active members of society.

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## **Review and Approval**

This policy will be reviewed annually by the school management team and approved by the governing body.